

Fall
2007
Volume
IV

Lightshines

An Outer Bridge for your Inner Bridges

"We still possess the greatest of all freedoms, the power of developing our innermost selves in harmony with the moral order of the Universe, and so winning peace at Heart."

GOETHE

May we practice the essence of giving and sharing

News from the clinic

OUR MISSION STATEMENT:

TO OFFER AN OPPORTUNITY FOR PEOPLE TO DEEPLY RECOGNIZE THEIR TRUE NATURE~~TO ALLOW EASE, DEEP PEACE, AND LIBERATED, JOYOUS HEARTS.

We continue to offer and expand our Educational Outreach Program-officially named Satsang-Sanskrit for Truth. We are currently planning programs for 2008 and invite anyone who would like to host a ZEROBALANCING class to gather a minimum of 10 people and we will come to you. ZeroBalancing for the Healthcare Practitioner opens a deeper level of healing and an opportunity to bridge Western and Eastern philosophies. All people are encouraged to take this class as it offers principles of touch and conscious presence that can be used in many forms and are invaluable in one's life. Christine attended the ZeroBalancing conference in Chicago in June and enjoyed sharing the concept of relationship work in preparation for the first offering of this class in September 2007. This work is extraordinary in that it allows for a coherency and amplification of the field, creating greater harmony. November 3 we will be offering a one day workshop for anyone who has taken a ZeroBalancing Class-Promoting your ZeroBalancing practice-call the clinic to register.

We are hosting annual classes at Summit Spring for the healthcare practitioner, and are expanding our classes to include our clients. On October 4, 2007 we are hosting an open forum with Christine for all clients, interested public, practitioners, and students. Ask questions about health, healing, and living an intentional life. On December 4 we will sit in Satsang and a guided meditation together. On February 9 we will be having a Half Day class on relationships for partners. Come and Join us.

We are continuing to share our Inner Light Products. Super Greens and Liquid Lightening are key in supporting a more alkaline environment internally which translates to health and well-being. We are currently running a special, selling at wholesale through 10/1/07.

*You do not have to be good
You do not have to walk on your knees
For a hundred miles through the desert,
Repenting. You only have to let the soft
Animal of your body love what it loves..
Whoever you are, no matter how lonely,
The World offers itself to your
Imagination, calls to you like wild
Geese, harsh and exciting
Over and over announcing your Place
in the family of things
Mary Oliver*

As Masuro Emoto shares in his book *Hidden Messages in Water...* The study of vibration or Hadu shows us that words directly effect the crystalline formation of water. With significant amounts of water in the human form, we become increasingly aware of the affects of words both in thought and with voice. Why not place written words around your environment, to bring these words into your thoughts to support a higher vibration of consciousness...

LOVE	BEAUTY	JOY
KINDNESS	PEACE	
CREATIVITY	EXPANSION	
LAUGHTER	HARMONY	
	TRUTH	
GRATITUDE	COMPASSION	

October 4 2007 6:30-8 Open Forum with Christine
November 3 2007 9-4 Promoting ZeroBalancing for the
Practitioner : A New Wind For Your Sails
December 4 2007 6:30-8 Satsang, Guided Meditation
January 31, 2008 6:30-8:00 Introduction to ZeroBalancing
February 9 2008 9-12 Energetic Relationship Workshop for partners
March 6-9 2008 ZeroBalancing Core I- StCroix-USVI
March 29,2008 ZeroBalancing Review Day
April 25-28 2008 ZeroBalancing Relationships - Omaha, Nebraska
May 15-18 2008 ZeroBalancing Core I
Rafael Bejanaro-TBA
August 14-17, 2008 Geometry of Healing
September 25-28,2008 ZeroBalancing Core II
FALL 2008 ZeroBalancing Relationships-TBA

*A thousand half-loves must be forsaken to
take one whole heart home*

Jalaluddin Rumi

LightsHines

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