

Lightshines

An Outer Bridge for your Inner Bridges

***“A glimpse of the true nature of your being is like a kiss from the divine.
The kiss itself is a mystery of grace”***

Center News

We would like to thank **Lori Birkemose** for all of her hard work, dedication, and kindness to our office and our clients. We wish her well as she moves on in her life.

We want to Welcome our new office manager **Jessica Abbott** who has been with us since the middle of August. She is from South Paris, and is married with two schoolage children. She is continuing her education to be a Medical Assistant. She is a bright and warm presence to greet you at our center.

Eric, our acupuncturist, has completed his certification in NADA training-working with those dealing with various forms of addictions. He is also near completion of his certification in ZeroBalancing. Come in for a free consult to answer your questions about acupuncture and how it can help you.

Christine, our physical therapist and experienced manual therapist, continues to expand her work with body/mind/spirit. She is continuing to teach ZeroBalancing classes here at Summit Spring and elsewhere. See on page two for a list of classes. She is just returning from a faculty meeting with the ZeroBalancing Foundation in Delaware and brings back a continual renewal of this work to deepen your process. This winter Christine will be traveling to California to study with Dr. Fritz Smith to further train in the Geometry of Healing. This work looks more deeply into the fabric of our being by being able to work holographically. Christine is still taking new clients.

Treat Yourself or a Loved One!! Gift Certificates

These are available for a ZeroBalancing Session, a CranioSacral Session, Acupuncture, Acupressure, or self-care products.

Products

We continue to have stillpoint inducers from both the US and Canada-another great way to support your immune system. We can help you order essential oils from Young Living that will resonate with work you are currently doing on the level of body, mind, or spirit. We enjoy being connected with Inner Light and supporting the alkaline environment that is created when using Super Greens. Again, another way to promote your own well being.

Old Innuit Song

I think over again
My small adventures
My fears
Those small ones that seemed so big
For all of the vital things
I had to get and to reach
And yet there is only one great thing
To live and to see the great day that dawns
And the light that fills the world.

Seasonal Special-Acupressure Session to support your immune system.
Please call Jessica for details and to schedule and appointment.

CLASSES AT SUMMIT SPRING
AND WITH CHRISTINE BALDWIN
2006

February 4-ZeroBalancing National Review Day @Summit Spring

March 9-Introduction to Zero Balancing @ True North in Falmouth

March 11-Day of Mindfulness @ Summit Spring with Vicki Pollard and Howard Evans

March 30-April 2-ZeroBalancing Core I in St. Croix

May 18-21-ZeroBalancing Core I@ Summit Spring

August 17-20-ZeroBalancing Core II @ Summit Spring

October 5-8-Advanced ZeroBalancing Class-Touching The Whole Person @ Summit Spring
with Jim McCormick

Other Possibilities are a Healing Circle and work with Rafael Bejarano-a sound healer initiated and blessed by The Aborigine people. Christine is planning a day workshop of supporting relationships both energetically and consciously..

Be in Touch for further information and registration @ 207-998-2437 or unisoul@prexar.com

Ring the bell that still can ring
Forget your perfect offering
There's a crack in everything
THAT IS HOW THE LIGHT GETS IN

Namaste to each and every one of you

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Lightshines
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